



Forest Bathing Workshop @ Charlotte's Wood Booking Form

1st May 2021

Please indicate preferred time: 10am – 12pm

1 - 3pm

Name	
Email address*	
Mobile phone number	
Do you have any disabilities or medical needs (including allergies) that we may need to know about? If yes, please give details.	
Name of next of kin and emergency contact number.	

* We may contact you via email to let you know about future events and activities that might be of interest at Charlotte's Wood. We won't pass your email address or any other details on to anyone else. Please put a cross in the box if you are happy for us to contact you in the future.

During the workshop Charlotte may take photos which may be used for marketing and publicity purposes (e.g. on flyers, Facebook and on her website). Please put a cross in the box if you consent for photos to be taken of you for these purposes.

Signed: _____ Date: _____

Please return this form and the Covid Delivery Plan and Waiver to head@charlotteswood.co.uk

Or post to: Sundial Cottage, London City Road, Wilby, SUFFOLK, IP21 5LT

Payment of £20 per person should be made on booking via BACs (account number: 68399626, sort code: 601907 and reference: your name) or by cheque (payable to Mrs C Atkinson). Please note that the workshop fee is non-refundable unless the workshop is cancelled by the organiser.